



May 2021

The following guidelines from the Arkansas Department of Health should be implemented at ARESC for the month of May.

TAKING PRECAUTIONS

- Wash your hands frequently with hot water and soap for at least 30 seconds and/or for use hand sanitizer with 60% alcohol base.
- Avoid touching your eyes, face and mouth with unwashed hands.
- Clean and disinfect frequently touched objects and surfaces such as workstations, keyboards, telephones, handrails, and doorknobs
- All staff should maintain 6 feet of social distancing while on campus. There are red markings on the floor to signal 6 feet. If both of you have been vaccinated, the spacing is optional. .
- You are discouraged from sharing desks, tools (even pens), phones, and work spaces.
- Masks do not have to be worn when you are alone in your office; however, if you are “on the move” around the facilities or going into another person’s office, a mask is required. In regards to office work, if you have both been vaccinated and agree to not wear the masks, the mask is optional..
- Everyone that enters an ARESC facility will take or have their temperature taken and record information onto an admittance form.
- In addition to the staff cleaning and custodial/maintenance staff routine cleaning measures, we will have sites cleansed and sanitized by an outside company called [Ecovasive](#). They will perform quarterly treatment as an added measure.
- Signs will be posted at all entrances advising the public not to enter if they have fever, cough, shortness of breath, sore throat, or loss of taste or smell. They have had known exposure to someone with COVID-19 in the past 14 days unless they themselves are fully vaccinated.
- Signs will be posted at all entrances advising the public that they may wish to refrain from entering if: They are 65 years of age or older, they have underlying health conditions including high blood pressure, chronic lung disease, diabetes, severe obesity, asthma, or weakened immunity.
- Hand sanitizer stations will be available at all entrances and exits.

MEETINGS and SMALL SESSIONS

- Any presenter should be separated from the audience by at least twelve (12) feet.
- Lines for entrance, exit, sign-in, restrooms, or other reasons should be marked or monitored to maintain a distance of six (6) feet between people.
- All seating should be arranged to maintain six (6) feet distancing from occupied seat to occupied seat if possible. If not possible, participants are encouraged to wear masks if seated less than 6 feet from one another.
- Those in attendance are encouraged to wear face coverings in accordance with the Face Coverings Guidance. The ADH makes the following recommendations:
 - 1) *The general public should wear face coverings in all indoor environments where they are exposed to non-household members and distancing of 6 feet or more cannot be assured.*
 - 2) *Regarding the type of face covering, medical masks may be somewhat more protective than cloth masks (if they are clean and dry), but more and more evidence supports cloth masks as being sufficient for the general public and effective in preventing transmission. Cloth masks should consist of at least two layers of fabric.*
 - 3) *All face coverings should cover both the mouth and nose at all times in order to be effective.*

REFRESHMENTS

Refreshments should be served in accordance with the Restaurant Dine-in Operations Directive. These recommendations are:

- Frequently touched surfaces should be cleaned periodically during the course of the day.
- Continue to serve individually packaged meals when appropriate.
- Self-service meals or coffee stations should operate with the following requirements:
 - 1) *Capacity of the buffet area should be dependent on the ability of customers to maintain six (6) feet physical distance from each other at all times.*
 - 2) *Facility should provide an employee to monitor physical distancing of six (6) feet.*
 - 3) *Masks are required for all persons within the customer self-service area.*
 - 4) *Hand sanitizer and single-use food service gloves should be located at the start of the buffet or coffee station, along with signage stating: "Use of hand sanitizer and food service gloves are required for all patrons in this area—Please use a new plate and a new glove for each trip to the buffet/salad bar".*
 - 5) *Serving utensils should be replaced every sixty (60) minutes and/or every time a food item is replaced on the buffet.*